



Beginning this month of November, I will be offering the opportunity for **all** students of Travell to join me for lunch! This time will be meant for your child to meet with other students in a small group and enjoy fun games & conversations that will promote social emotional skills, especially as they relate to self-confidence and interpersonal relationship building; *skills that can continuously be enhanced.*

This year, students in **Grades K & 1** will be selected weekly by their classroom teachers. Students in **Grades 2-5** will be selected by myself, *at random*, and provided the chance to choose **one** friend who will accompany them. Eight will be the maximum number of students per group.

Students from each grade level will be selected once per week to join me for their **lunch period**. Recess will not be affected by this opportunity! If students are absent, they will of course be reselected at another point. If students wish to pass, *they may decline the invitation* at any time.

Students and teachers alike have been **eagerly** awaiting the return of the program this year. It is something I genuinely look forward to as well as it allows me the opportunity to build relationships with all of your children in a *proactive, strengths-based, positive* environment.

Lunch Bunch also allows students to meet and get to know other Travell Tigers they may not have engaged with otherwise; in turn, expanding their friendship circle and therefore, support system. In addition, it provides a safe place for students to practice different social emotional skills and build confidence in a smaller setting before taking risks in the classroom, less structured Tiger's Den or even outside in the much larger group at recess.

I will plan to extend the Lunch Bunch invitation to all students, as they are selected, unless I have received email communication stating you would prefer your child not be included.

I thank you in advance for your support, and I look forward to your child's participation! Should you have any questions or concerns, please feel free to contact me at any time.

Sincerely,
Melissa Miller
Melissa Miller
LAC, NCC
mmiller@ridgewood.k12.nj.us
201-670-2760 Ext: 56550